

the effectiveness of emotional intelligence(EQ) training on impulsivity,ruminatiom and the charactristics of temperament and character in the clean addicted members of narcotics anonymous(NA)

Mohamad Ranjbar fashtali*,

Abstract : This study is aimed to measuring the effectiveness of emotional intelligence(EQ) training on impulsivity,ruminatiom and the charactristics of temperament and character in the clean addicted members of narcotics anonymous(NA) in Rasht.The study was conducted as a semi-experimental one with pretest , posttest and a control group.the statistical population of the study consisted of all members of narcotics anonymous(NA) in Rasht wac choosed on accessible sampling method and ten randomly divided into two groups of 15 members. The experimental group have received twelve 90-minute training seasons (twice a week).they completed the post test ,and the control group also completed it while they received no intervention.The measurement instrument of this study was the Barrat Impulsivity scale(BIS-11),and ruminati0n questionnaire(Nolen-Hoksema,1991)and the questionair of temperament and character of kloninger(TCI,1991)that used after the confirmation of it's validity and reliability in the Iranian population. Multivariate analysis of covariance(MANCOVA) was used for analyzing the data. The results of data analysis showed the effectiveness of EI training on Impulsivity,Rumination and the charactristics of temperament and character of participants(P

Keywords : : IMPULSIVITY ,RUMINATION, THE CHARACTRISTICS OF TEMPERAMENT

AND CHARACTER,EMOTIONAL INTELLIGENCE.

[Islamic Azad University, Rasht Branch - Thesis Database](#)
[دانشگاه آزاد اسلامی، واحد رشت - سامانه بانک اطلاعات پایان نامه ها](#)