

Comparing the stress, distress of negative self- evaluating, and social support among men and women with skin diseases and healthy men and women

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Based on the scientific achievements conducted in this area, one can understand that there is a significant relationship between the physiology of the human body and quite obvious mental and psychological characteristics. Considering the deep structural psychological relationship of the human psyche and the severity or incidence of skin diseases, we decided to investigate the psychological factors and the prevalence or severity of skin diseases in referring and hospitalized patients in this study. This cross-sectional study was designed with the control group, with the participants ed patients referring to the clinic and Dermatology Department of Gilan Referral Hospital. Among apparently healthy individuals, 100 patients were ed as the test group and 100 people were ed as the control group. Both groups were harmonized and matched in terms of demographic criteria. The patients were evaluated using questionnaires of clinical stress index, Sherborne and Stewart social support questionnaires, short forms of negative self- evaluating fear, and demographic questionnaires, the data were entered into SPSS ver. 21 and were analyzed using multivariate variance analysis(MANOVA). This work was conducted on 100 patients with a history of skin diseases and 100 apparently healthy people. The entire group of subjects (85 (42. 5%) men and 115 (57. 5%) participant) was examined in terms of skin diseases. The maximum age frequency of participants with the age of 31 to 60 years old was 48. 5% of the total population. Besides, in terms of the distribution of education, the highest frequency was for high school diploma in which 83 patients were included (41. 5%). There was a significant difference between the stress component of the two groups of patients and healthy people, (P

Keywords : further studies

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