

# **Comparison of the Emotional autonomy and Social adjustment of the female teenagers raised as only child with those raised in multi children families studying in high schools of district 1 of Rasht**

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**The aim of current research was to compare Social adjustment and Emotional autonomy of the female teenagers raised as only child with those raised in multi children families. Research method is casual- comparative. The statistical society of current research consisted of female high school students of Rasht city in the academic years of 2015-16. The number of 370 students were ed byavailable sampling method and responded to sinha and singh adjustment inventory(1993) and steinberg and silverberg emotional autonomyscale (1986) that had a valid validity and reliability. The gathered data were analyzed bySpss-18 software usingMultivariate analysis of variance.The results showed that there exist no difference between female teenagers raised as only child with those raised in multi children families In terms of social adjustment ( $p>0.05$ ). also no difference was found between female teenagers raised as only child with those raised in multi children families In terms of Emotional autonomy( $p>0.05$ ). The current research implies that being only child doesn't affect negatively on Social adjustment and Emotional autonomy of the female teenagers. It seems that considering entering children to the social environment, more interaction with friends and others can compensate shortages caused by the one-child. Keywords: social adjustment, emotional autonomy, only child, several children, teenager**

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