

By comparison, quality of life, dysfunctional attitudes and defense mechanisms in patients with chronic low back pain and healthy individuals

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Abstract Chronic pain, a condition is degenerative and any other physical symptoms are pain in learning. Chronic low back pain is one of the most common types of chronic pain that is associated with limitations in their daily activities. Particular attention is very important to cognitive variables in chronic pain Under the present study aimed to compare the quality of life, dysfunctional attitudes and defense mechanisms in patients with chronic low back pain with healthy individuals. The sample consisted of 50 patients (36 female, 14 male) patients with chronic low back pain referred to a pain clinic, Guilan, Rasht, diagnosed by specialists and 50 patients (34 women and 16 men) healthy individuals in terms of the criteria to enter the patient group were near, non-random sampling method (targeted) were ed. Quality of life questionnaires, dysfunctional attitudes and defense mechanisms in healthy and patient groups were presented. To analyze the data, multivariate analysis of variance (MANOVA) was performed using the software SPSS 23. Multivariate analysis of variance showed in the present study, the two groups of patients and healthy subjects in quality of life (physical, mental, relationships, environment), Dysfunctional Attitudes (perfectionism, need the approval of others, need to please others) and defense mechanisms (mature, neurotic, immature) there is a significant difference. (p

Keywords : Keywords: chronic low back pain, quality of life, Dysfunctional Attitudes, defense mechanisms

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