

The relationship between emotion regulation and resiliency with attitude to delinquency among female adolescents

somayeh gholi pour*,

Abstract The aim of current research was to investigate the Relations between emotion regulation and psychological resiliency with Attitude to Delinquency among female Adolescent. The current research method is correlation. Research statistical population is consisted of Female high school students of Rasht city in academic years of 2015-2016. In this study, 335 students were ed by random cluster sampling method and responded to emotion regulation, psychological resiliency and Attitude to Delinquency questionnaires. The gathered data was analyzed by SPSS Software version 18 using Pearson correlation and stepwise regression analysis. Results of this study showed that there exist a negative and significant relations between emotion regulation and Attitude to Delinquency ($P>0.01$). There exist a negative and significant relations between psychological resiliency and Attitude to Delinquency ($P>0.01$). Also the stepwise regression analysis showed that emotion regulation and psychological resiliency could negatively and significantly predict 28 Percent of the variance of Attitude to Delinquency among female Adolescent ($P>0.01$).The findings of this study highlight the importance of life skills such as emotion regulation and psychological resiliency in explaining Attitude to Delinquency of female Adolescent, thus by holding course based on emotion regulation and psychological improvement in schools, the Delinquency of female Adolescent can be prevented.

Keywords : Keywords: Attitude to Delinquency, emotion regulation, psychological resiliency, Adolescent.

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