

Compare coping styles, social adjustment and mental resilience among men addicted and non-addicted

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The main objective of this study was to compare coping styles, social adjustment and mental resilience among men addicted and non-addicted city of Rasht. The study is cross after the event and members of this research group is the first group all men are addicted Rasht. That in 1395 to the private clinics and treatment centers affiliated to the Welfare visited. The second group includes the normal Rasht. A total of 150 subjects were enrolled (75 addicts, 75 non-addicted). In this study collected data questionnaires Endler and parker, Kaner- Davidson Resilience Scale and the Social Adjustment Scale was used Paykl and Wiseman. To test the hypothesis of inferential statistics including multivariate analysis of variance was used. Moreover, all operations spss20 were analyzed using statistical software. And the results showed that problem-focused coping style, and social adjustment are used less by men addicted addicted men is less than ordinary men. And Resiliency men who do not use drugs more often than men who have turned to drug use.

Keywords : Keywords: coping styles, social adjustment, mental resilience

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