

Compare schema, psychological well-being and dysfunctional attitudes in women, divorce and or dinary Rasht

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Objective: This study aimed to evaluate and compare schema, psychological well-being and dysfunctional attitudes in divorce women and ordinary Rasht deals.

Methods: In this comparative study is lightweight and casual. The study sample included women and divorce applicant was in Rasht. The sample consisted of 120 patients (60 women and 60 normal women divorce) that the sampling method ed. And using the schema questionnaires, psychological well-being and dysfunctional attitudes were investigated. For analysis, multivariate and univariate analysis of variance was used. All data analysis was performed using SPSS-ver20. **Results:** Data analysis showed that the total score schema, psychological well-being and dysfunctional attitudes in divorce women, and there is a meaningful difference And mean comparisons showed higher levels of EMSs and dysfunctional attitude and lack of psychological well-being of women seeking divorce than women was common. **Conclusion:** The results showed that the divorce between women and normal in some schema, there are significant differences in psychological well-being and dysfunctional attitudes. The results can be used counseling before marriage and marital conflict resolution.

Keywords : schema, psychological well-being, dysfunctional attitude

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