Examined the physical activity of high school girls on the Basneef model

moones ghasemi hasankiadeh*,

Abstract Aim: This study examined the physical activity of high school girls on the Basneef model. The population was 800 female high school students, According to Morgan table were 280 female high school students in kiashahr. Of both districts of the city kiashahr samples were ed randomly. Then, using classified sampling with probability proportionate number of samples required for each school Randomly the base of academic disciplines and fields of study also was conducted. Subjects in the study of how and confidentiality of information and aim of this study is also justified by the desire were enrolled and signed a consent form. The questionnaire consisted of two parts. Demographic information included 13 parent education, physical activity of students. The questionnaire was divided into four parts that were used BASNEF. Pearson and Pearson's chi-square method using SPSS version 21 was used. Results: Pearson chi-square test between nominal variables the father's educational level was significantly associated with physical activity level students. But between the mother's education level was not significantly associated with physical activity level students. Pearson test results showed that the variables significantly associated behaviors and physical activity students there. Conclusion: Results of this study showed a significant relationship between physical activities the child is father's education. Between variables and physical activity behaviors, there was a significant relationship between students.

Keywords : Keywords: BASNEF-scale physical activity - students - father - mother