

# **The impact of leadership styles on burnout among staff (Case Study: staff education schools city Langroud)**

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**The purpose of this study was to investigate the effect of transformational leadership style on burnout among staff of education schools in Langroud city. The statistical population of the study consisted of all 1300 employees of the Education Organization of Langroud City. The sample size was estimated to be 297 by Cochran formula and ed by systematic random sampling method. The data gathering tool for transformational leadership style variable was designed Beck and Avowl (1985) questionnaires. The questionnaire of 22 questions of burnout of Maslesh (2000) was used to measure occupational burnout of employees. The validity and reliability of both questionnaires were approved by faculty members and experts. Stepwise regression analysis by SPSS software version 18 was used To analyze the data collected the linear regression index and examining the effect of hypotheses and and also examine the relationship between each transformational leadership style component on job burnout. The results showed that transformational leadership style has a significant effect on employee's burnout of Langroud City Education Organization. On the other hand, only Ideal feature has no significant effect on employee's job burnout between each aspect of the transformational leadership style .And other components in the present study were effective on job burnout.**

**Keywords : Keyword: Transformational Leadership Style, Job Burnout, Ideal Feature, Ideal Behavior**

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