

Compare attachment styles, defense mechanisms and emotional intelligence between musicians and no musician people

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Abstract the purpose of this study was to compare attachment styles, defense mechanisms and emotional intelligence between musicians and no musician people in Rasht city. research method was casual-comparative. 75 musician and 75 no musician were ed by cluster sampling method and responded to the Collins and Reid's attachment style, defense mechanisms and Bar-On emotional intelligence questionnaires. The gathered data were analyzed by Analysis of variance, Chi-square, Mann-Whitney and independent t. results showed that, the scores of two group in secure and avoidant attachment were same and significant difference was not exist, But mean scores in ambivalent/anxious attachment style in ordinary people were more than the musicians ($P=0/25$). In defense mechanisms, percentage of immature and neurotic defenses were same and significant difference was not exist, but musician use more mature defense mechanisms (P

Keywords : Key words: attachment styles, defense mechanisms, emotional intelligence

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