

Comparison of life expectancy, social support and psychological problems in the elderly and elderly living at home

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Objective: This study examines and compares life expectancy, social support and psychological problems among the elderly in nursing homes and elderly living at home pays. **Methods:** In this comparative study is lightweight and casual. The study population consisted of two groups: the elderly nursing homes and elderly people in the home city of Rasht. The sample consisted of 140 subjects (70 elderly nursing home and 70 elderly living at home) the sampling method ed .and using questionnaires scl90, life expectancy Schneider and social support Shrbn and Sagrmn investigated respectively. For analysis, multivariate and univariate analysis of variance was used. All data analysis was performed using SPSS-ver20. **Results:** Data analysis showed that the total score of life expectancy, social support and psychological problems among the elderly in nursing homes and elderly living at home there is a significant difference And mean comparisons showed higher levels of life expectancy, low social support and psychological problems of the elderly residents of the nursing home for the elderly at home. **Conclusion:** Results of this study showed that providing social support to the elderly to reduce psychological problems and increasing life expectancy in them. The results can be used in the application and provide better services to seniors.

Keywords : life expectancy, social support, psychological problems, the elderly

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