

The Role of Achievement Motivation, Future Expectancy and the Efficiency of the Educational System in Determining the Academic Burnout in the Students of Azad University

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One of the main problems at the educational period in the educational system of any country is the issue of educational motivation and the level of performance and efficiency in the education system. This study aimed to investigate the role of Achievement Motivation, Hope for the future, and efficiency of educational system, in explanation students' academic burnout. The method of this study is correlation. The statistical population of this study consisted of all undergraduate students of humanities, Islamic Azad University of Rasht who were enrolled in 2017 academic year. The sample consisted of 300 people who were randomly selected using Morgan table formula. Educational Burnout questionnaire (Brosu et al., 1997) and the Researcher-made Educational System Performance questionnaire, Hermann's Progress questionnaire (1977) and Hope Scale in Adult Specific Areas (Simpon, 1999) were used as research tools. The data were analyzed by multivariate regression and Pearson correlation. The results of correlation analysis showed that the achievement motivation variable has a significant negative correlation with the dimensions of academic fatigue, academic disregard, academic inefficiency and academic burnout. The findings of the second research hypothesis supported the existence of a meaningful relationship between hope and academic burnout. The findings also support the third hypothesis of the research that there is a significant relationship between the efficiency of the academic education system and academic burnout. The results of the fourth hypothesis of research based on the ability to predict the academic burnout of the students supported the efficiency of the educational system, hope for the future, and the motivation for progress. Regression analysis results

showed that predictive variables could significantly explain academic burnout. Academic burnout predicted the highest variance in academic performance. Correlation coefficient showed that about 41% of variance of criterion variables was predictable by predictive variable. Based on the results, the efficiency of the educational system, hope in the future and the achievement motivation can be related to the reduction of students' burnout. Therefore, university officials should pay attention to the creation of equal educational opportunities.

Keywords : Achievement motivation, hope for the future, efficiency of the educational system, academic burnout

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