

# Investigating the Role of Self-esteem and Resilience on the Quality of Life of Patients Covered by the Relief Committee of Somesara

naser hosein zadeh\*,roya babaei,

**Abstract** The purpose of this study was to investigate the role of self-esteem and resilience on the quality of life of patients under the auspices of the Social Assistance Committee of the city of Somesara. The statistical population of the study population was 18024 people who were covered by the Committee of Reliefs of the city of Somesara in 1396, of which 375 were sampled using systematic sampling. The type of research was descriptive and its method was correlated. To analyze the results, parametric inferential statistics including Pearson correlation and multiple regression were used. In order to collect data, standard questionnaires of SF-36 quality of life questionnaire, Canner and Davidson's resilience (2003), and Cooper and Smith self esteem (1967) were used. Findings showed that there is a relationship between self-esteem and quality of life among clients who are covered by the Commemoration Committee of the city. There is a relationship between the quality of life with the resilience of the patients covered by the Relief Committee of the city of Sumesara.

**Key Words:** Self-esteem, Resilience, Quality of Life, Patients Covered by the Relief Committee

**Keywords :** Key Words: Self-esteem, Resilience, Quality of Life, Patients Covered by the Relief Committee

[Islamic Azad University, Rasht Branch - Thesis Database](#)  
[دانشگاه آزاد اسلامی واحد رشت - سامانه بانک اطلاعات پایان نامه ها](#)