

Comparison of irrational and irrational beliefs of mothers of autistic children and mothers of normal children

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This study is a comparative analysis on comparing resiliency and irrational beliefs of mothers of normal children and mothers of children with autism. In this study all of the mothers of normal children and mothers of children with autism in Rasht city are under participants of this study consist of two persons (which consists 50 persons mothers of normal children and 50 persons mothers of children with autism). The participants are chosen according to the case factor. In this study we used 2 questionnaires. The first one is questionnaire of resiliency of Conner and Davidson(2003) and the other one is questionnaire of irrational beliefs of Jones (1968). According to our data we reached to these conclusions: There is comparison between the resiliency of mothers of normal children and mothers of children with autism. There is comparison between mothers of normal children and mothers of children of autism regarding resiliency factor. Mothers of children of autism have less resiliency than mothers of normal children. There is comparison between these two types of mothers regarding irrational beliefs. Which is related to the aspects of avoiding the problem and too much expectation themselves. So, then should be usable psychological and advising programs in an armful way in order to enhance resiliency of mothers of children of autism.

Keywords : resiliency, irrational beliefs, autism mothers.

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