

Comparison of stress, quality of life, psychological well-being and source of health control in patients with various types of hair loss with healthy people

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Abstract Nowadays, with the industrialization of human societies and increasing concern about the problems of individuals, psychological factors have a significant impact on the health of individuals. Therefore, the present study was conducted to compare stress, quality of life, psychological well-being and source of health control in patients with various types of hair loss with healthy people. The method of this study is a causal-comparative study. The statistical population of this study, which includes women and men with various types of hair loss and their relatives in therapeutic clinics. A total of 100 patients and 100 healthy people their patients were ed by sampling method as the sample. For data analysis, multivariate, single variable and independent t-test were used. The results of data analysis showed that the observed difference between the two groups of people with hair loss and healthy people in the psychological well-being and health care sources is statistically significant. Based on the results of this study, it can be stated that psychological well-being and the source of health control have a significant effect on hair loss. In other words, the subscales of positive relationships with others and domination of the environment in the healthy group are higher than that of the patient group and the patient group is more likely to believe in the chance to control their health than the healthy group.

Keywords : Key word: perceived stress, quality of life, psychological well-being, source of health control, hair loss.

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