

The relationship between subjective well-being humiliated and social support to women heads of households

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The management of women's households is recognized as a social issue. There are problems and obstacles facing women in the outside world, leading to women's heads of household as vulnerable corpses. The purpose of this study was to investigate the relationship between feelings of humiliation and social support with subjective well-being of women headed by household. The research method was descriptive-correlational. The statistical population of this research is all women headed by household in Rasht in 1396. To determine the sample size, an accessible method was used. The statistical sample included 150 female headed households. The research instrument was a subjective well-being adjustment adjustment questionnaire and social support for subjective well-being. The data were analyzed using correlation and regression analysis Multiple analyzes. The results showed that there is a relationship between feelings of humiliation and social protection with the subjective well-being of female headed households.

Keywords : feelings of humiliation, social protection, mental well-being, female headed households

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