

Comparison of loneliness, life expectancy and psychological well-being among female headed households and normal people referring to the welfare of Rasht city

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The present study compares loneliness, life expectancy and psychological well-being among female headed households and normal women. This is a causal comparison. The statistical population consists of two groups. The first group is the female headed by the welfare state and the second group is women who are covered by the welfare organization but not the head of the household. The sample size consists of 200 people (100 female heads of household and 100 normal women) who were ed by random sampling four districts of Rasht, Anzali, Rudsar and Talesh. Using loneliness scale, Schneider's life expectancy and psychological well-being of the riff Were placed. Data analysis was performed using descriptive statistics methods (mean, standard deviation, frequency and percent), and inferential statistics (one-variable and multivariate analysis of variance) and analyzed by spss-ver20 software. Analysis of the data showed that there is a significant difference between loneliness, life expectancy and psychological well-being between two groups of female and female headed households. As a result, it can be concluded that women-headed households, due to the experience of multiple life pressures and the burden on the financial and emotional burden of the family, than other women covered by the welfare organization in terms of psychological components such as loneliness, hope and welfare in an unfavorable situation And we need to pay attention to these dimensions in helping these people.

Keywords : loneliness, life expectancy, psychological well-being, female head of household

