

# **Relationship between social skills and psychological adjustment with the rate of use of Internet addiction (social networks) in Rasht adolescents**

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**The purpose of this study was to investigate the relationship between social skills and psychological adjustment with Internet addiction (social networks) in Rasht adolescents. The research method is descriptive-correlational. Statistical population is all male and female high school students of Rasht city. To this end, 150 adolescents were ed in the academic year 2012-2013. The research instruments were Bloody Adjustment Bell (1987), Gersham Social Skills (1999) and Kimberley Young's Addiction to Internet (2000), which were available to the subjects. Statistical analysis was performed using SPSS 20 software, Pearson correlation coefficient and multivariate regression and significant level (P**

**Keywords : Internet addiction, psychological adjustment, social skills,**

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