

Impact of empowerment on occupational stress and burnout of nurses of public hospitals in Rasht

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Nurses have a special place in society and their physical health and social health in comparison with emotional exhaustion, depersonalization and individual performance can contribute to the pathology of burnout issues. Shifts that separate nurses the rhythm of community life and insufficient nurses and low salaries are all factors that make nurses more vulnerable to job burnout. Therefore, the main objective of the research is to investigate the effect of empowerment on occupational stress and burnout of nurses of public hospitals in Rasht. The statistical population of the research was nurses of public hospitals in Rasht city and the sample size was 314 customers. sample methods in this research is Available quotas and non-probable. a questioner was used to collect data. The analysis of the research data was done through SPSS and LISREL software and analyzed with the structural equation modeling approach. The results of research hypotheses indicate the negative impact of structural empowerment on occupational stress of nurses. Also, the negative impact of structural empowerment on nursing job burnout was confirmed. In addition, the positive effect of job stress on nursing job burnout was confirmed.

Keywords : -Job Stress, Job Stress, Empowerment, Nurses

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