

# Compare result of pregnancy and newborn health in active and inactive mothers

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**Abstract Methods:** The study population consisted of mothers active and inactive Rasht had formed. Mothers active and inactive via surveys among pregnant women attending maternity clinics, due to the absence of disease were ed among 450, 198 persons in two groups (n=98) or inactive (n=100) were. The subjects also gave their consent to participate in the interview consent form stated. Information on the three variables during pregnancy, birth weight and Apgar score at birth of it was collected. **Results:** The results showed U test between the two groups during pregnancy, and birth weight, there was no significant difference. The Apgar score was significantly different between the two groups (P

**Keywords :** Keywords: During pregnancy - Apgar score - weight babies, mothers active and inactive.

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