
Relationship between early maladaptive schemas, impulsive behaviors and academic performance of female students

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The main objective of this study was to investigate the relationship between early maladaptive schemas, impulsive behaviors and academic performance of female students. The research method was correlation-descriptive. The statistical population of this study was all female high school students in Rasht city. The research sample consisted of 120 female students who were ed by simple random sampling method. The research questionnaires included the scale of early maladaptive schemas, impulsive behaviors, and academic performance. Data analysis was performed using Pearson correlation test and stepwise regression. The results of this study indicated that there is a significant correlation between early maladaptive schemas (correlation coefficient: -0.470), impulsive behavior (correlation coefficient: -0.548) with academic performance. The regression model was able to predict 44% of students' academic performance variance. The best predictors of academic performance were impulsive behaviors (beta: 0.477) and early maladaptive schemas (beta: 0.380).

Keywords : early maladaptive schemas, impulsive behaviors, academic performance

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