

The Relationship between Social Support and Attachment Styles and Psychological Well-being of Pregnant Women

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Abstract The main objective of this study was to investigate the relationship between social support, attachment styles and psychological well-being of pregnant women in Rasht city. Accordingly, using a sample size of 384 pregnant women, the hypothesis using a standard questionnaire, social support, attachment styles and psychological well-being was assessed, Relationships relevant to this study using the Pearson correlation coefficient and multiple regression models were examined And the findings suggest that psychological well-being of pregnant women in Rasht between social support (correlation coefficient: 527/0), avoidant attachment style (correlation coefficient: 248/0-), ambivalent attachment style (correlation coefficient: 265/0-) And Secure attachment style (correlation coefficient: 428/0) there. The subcomponent of social protection and attachment styles have respectively 28 and 22% of pregnant women in Rasht predict psychological well-being.

Keywords : psychological well-being, social support, attachment style, pregnant women

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