

Comparison of defense mechanisms, inefficient attitude and rumination of ordinary and single parent students

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Abstract: The purpose of this study was to compare defensive mechanisms, inefficient attitudes and rumination among ordinary and single parent students. The present study is a comparative causal type descriptive. The sample consisted of 180 normal and single-parent girl students (90 in each group) who were ed through random sampling among female high school students in Rasht in 1396. The questionnaire of defense mechanisms, inefficient attitudes and rumination by students was completed. Data were analyzed using descriptive statistics, multivariate analysis of variance and independent t-test using spss_20 statistical software. The results of the study indicated that single parent students are more likely to use an unhealthy and unhealthy defense mechanism. Also, results indicate that inefficient attitudes are high in terms of difference in completeness, need for others to confirm, need to satisfy others and vulnerability among ordinary and single parent students; rumination in single-parent girls was significant ($01 / 0 \geq P$). The results of this study indicated that defense mechanisms, inefficient attitudes and rumination in single-parent students were different compared with ordinary students, which would be useful in future educational planning and would require continuity of studies in this field. .

Keywords : Keywords: Defensive Mechanisms, inefficient attitude, Rumination, Single-parent Students

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