

The study of the relationship between parenting perfectionism and their children's self-esteem and optimism among high school girl students in Rasht, 2016-2017

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Abstract The purpose of this study was to investigate the relationship between parents' perfectionism and self esteem and optimism of parents in high school girl students in Rasht in the academic year 2016-2017. In this way, 130 high school students of secondary school in Rasht with their parents were ed by random sampling method. The type of research was focal correlation. The instrument used was the Ahwaz perfectionism scale, Cooper Smith's self-esteem test, and Poor and Carver's optimism test. Focused correlation coefficient was used to analyze the data. The results showed that perfectionism of fathers is more correlated with girls' self-esteem and there is a complete correlation between mothers perfectionism and optimism of girls.

Keywords : Key words: perfectionism, self-esteem, optimism.

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