
The relationship between emotional intelligence and defense mechanisms with death anxiety of heart disease.

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Abstract: The aim of this study was to determine the relationship between emotional intelligence and defense mechanisms with cardiac death anxiety. The present research is a descriptive correlational study. The statistical population of the study consisted of all individuals referring to Heshmat Hospital in Rasht in the first quarter of 1396, and 120 were selected by available method. The questionnaire was as follows: 1- Emotional Intelligence Questionnaire 2- Defense Mechanisms and 3- Death Anxiety Inventory. Research data were analyzed by Pearson correlation test and multiple regression. The research results between the non-developed component of research defensive styles and death anxiety exist. There was a significant relationship between emotional intelligence and death anxiety. Also, regression analysis for the main hypothesis showed that the emotional intelligence variable predicts negative and significant death anxiety. Negative variables predict both death and death anxiety negatively and significantly. In other words, the components of this two-dimensional research are likely to predict the occurrence and absence of cardiovascular death anxiety (P

Keywords : Key Words: Emotional Intelligence, Defensive Mechanisms, Death Anxiety, Cardiovascular Disease

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