

The relationship between perception of parenting practices and the quality of life of parents with the happiness of children

zahra ashori*,

The present study investigates the relationship between perception of parenting practices and the quality of life of parents with the happiness of children. This research is descriptive and correlational. The statistical population consisted of all mothers and girls of elementary school students working at public schools in Lahijan in the academic year of 1995-96. Sample size includes 180 students and mothers ed by multistage cluster sampling primary schools in Lahijan and using the childbirth styles questionnaire, the quality of life of the World Health Organization and Happiness were studied. Data analysis was performed using descriptive statistics (mean, standard deviation, frequency and percent), and inferential statistics (Pearson correlation and simultaneous regression analysis) and spss-vr20 software. The results showed that there is a significant relationship between maternal parenting styles and the happiness of children as well as between the quality of life of mothers and the happiness of children. Regression results to predict the level of happiness of children also showed that 66 percent of the children's happiness rate is affected by the parenting styles and the quality of life of mothers. Happiness of children is the concern of any parent. The results of this study showed that parent perception of their own parenting styles and teaching the learning styles, as well as having a good quality of life, provides a favorable environment for the children's happiness experience.

Keywords : Perception of parenting styles, quality of life, happiness, students

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