# Relationship between resilience and hardiness and academic self-efficacy with a tendency towards high-risk behaviors in high school girls

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The purpose of this study was to investigate the relationship between resilience and hardiness and academic self-efficacy with a tendency toward high-risk behaviors in high school girls. The research method was descriptive correlation. The statistical population of this study was all high school girls in Rasht in the academic year of 2011-2012. In this research, cluster random sampling method was used and the sample population consists of 250 people. The tools of this research are resiliency questionnaire, hardiness, academic self-efficacy, tendency towards high-risk behaviors. SPSS software was used to analyze the data in the descriptive statistics section. The findings showed that there is a relationship between resilience and hardiness and academic self-efficacy with a tendency towards high-risk behaviors in high school girls.

Keywords : Resiliency, Hardiness, Academic self-efficacy, Attitude towards high-risk behaviors, High school girls