## comparison of the emotions regulations and other comonents of the positive psychology among mothers of students with intellectual disabilities and mothers of the normal students in west region of gilan

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Abstract In the present study, emotional ordering and positive psychological components (including hope, self esteem, religiosity and spirituality) has been compared between mothers of mentally retarded students and mothers of normal students in western schools of Guilan. The research in terms of purpose is Applied and it is descriptive according to the method of data collecting. The required data are collected by field method. The statistical population of the present study included 9000 mothers of normal students and 400 mothers of mentally retarded students. A sample of 200 people was ed as statistical sample. Data analysis was done using spss software. Data were collected using inferential statistics and multivariate analysis of variance. The research hypothesis were study using multivariate analysis of variance. According to the results emotional ordering and positive psychological components are independent variables. There was no significant difference between the two groups of mothers of ordinary students and students with mental retardation. Keywords: emotional ordering and positive psychological components (including hope, self esteem, religiosity and spirituality)

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