

# **The design of a Therapeutic - recreation complex with approach “Design of critical regionalism” in order to place identity in Rasht, Iran**

Ali Salehi Dobakhshari\*,

**Man has always been looking for his meaning and identity in any phenomenon throughout history. This meaning and identity, especially in the present-day architecture, has been badly missed and The identity and past places that are specific to their particular region and climate have become a relatively unstructured and meaningless form of architecture, which is not incited to deal with it, nor the sense of place, nor the sense of belonging to the audience, and even Most of the new buildings can not be considered a sign of the region or city. On the other hand, functionalism in the treatment centers has caused a severe bloated in most of the respondents to these uses. Occasionally, due to the frustration and impenetrability of dealing with the place, there has been a prolonged interruption in the treatment process. Or completely stopped, because the research results have shown that a suitable environment can accelerate the patient's recovery, and vice versa. Also, considering the arrival of the Guilan region in the competitive tourism policy of health tourism, it is as appropriate as possible to address the medical weaknesses of this region that can attract the special tourist health. This research tries to offer a recreational-therapeutic complex in Rasht, based on library and documentary studies and logical analysis of the resulting architecture, and then architectural design of all spaces, which is based on the approach of regionalized architecture and the combination of architectural and environmental elements. The region of Gilan, which brings with it some kind of identity and meaning, brings the spirit and soul back to the impassable body of the medical centers, and in addition to the more identity of the place, looking at the healing weaknesses of the region and relying on healing**

---

**design, To help improve the health of the region.**

**Keywords : Therapeutic-recreational complex, critical regionalization, identity, sense of place**

[Islamic Azad University, Rasht Branch - Thesis Database](#)  
[دانشگاه آزاد اسلامی، واحد رشت - سامانه بانک اطلاعات پایان نامه ها](#)