

Designing Mehr House in Lahijan City with an Approach to Promoting Social Interactions

Sona Malakpour*,Mahsa Delshd,

Abstract Elderly is a sensitive period in human life, and attention to the needs and issues of this stage is a social necessity. Accordingly, paying attention to the design of spaces that promote the health and quality of life of the elderly is important. Quality of life is a basic indicator for all ages. Special attention is given to the elderly, and the optimal response to physiological and psychological needs can provide an increase in this index. Unfortunately, as we see, in the elderly homes of the present situation, some of these dimensions, especially psychological needs, have been neglected. This lack of attention can lead to an increase in depression & subsequently increased disability and reduced quality of life of the elderly residents of nursing homes to provide. As the Health Ministry's Health Department predicts that for 40 years another elderly tsunami will occur, the continuing lack of attention to the psychological needs of the elderly in the design of these homes and the consequences of this in the near future It is becoming a serious and challenging issue for society. The research method in this research is "hybrid" and includes a set of descriptive, survey methods; the method of collecting information is field and library. This research is aimed at identifying this period and considering the needs of the elderly and their behavioral patterns in design. In the course of this era, they have been working to facilitate this process by helping them with the new environment, bringing memories and reducing the depression caused by living in old age homes.

Keywords : Key words: Elderly, Elderly homes, Interactions, Memory, Liveliness, Mahd-e-Mehr city, Lahijan.

[Islamic Azad University, Rasht Branch - Thesis Database](#)
[دانشگاه آزاد اسلامی واحد رشت - سامانه بانک اطلاعات پایان نامه ها](#)