

The effectiveness of communication skills training on marital satisfaction and marital commitment in students of humanities in Islamic Azad University Rasht Branch

Fatemeh Bagheri Kelidbari*, Tayyebeh Haghparast, Mahvash Mafi,

The aim of this study was to determine the effectiveness of communication skills training on two variables including marital satisfaction and marital commitment. Research has a semi-experimental design with pretest and posttest and control group. The study sample included all married childless students of humanities in Islamic Azad University in 2015. The sample included 90 couples who were selected based on inclusion criteria for the study. Then 60 couples that their score was a standard deviation below the average in the pre- test were selected, and they were randomly divided into two experimental groups (30 couples) and control (30 couples). Then, before running the independent variable (X) (Communication Skills Training), selected subjects in both groups were measured by pre-test marital satisfaction and marital commitment questionnaires, and experimental group was subjected to independent variable, while the independent variable was not performed in the control group. In the end, the dependent variable in both groups was measured by the post- test. The study instruments include questionnaires such as Enrich marital satisfaction (47 questions Form) and marital commitment (DCI) Adams and Jones and communication skills (8 sessions), respectively. ". To analyze the data, we used statistical indicators and descriptive statistics method to get the frequency, percentage, mean, standard deviation, standard error data, and then we used inferential statistics to get covariance analysis using spss-22. The results of covariance analysis of examining the effectiveness of communication skills training on the amount of marital satisfaction and marital commitment in two experimental and control groups show that there is a significant difference between experimental and control groups (P

Keywords : communication skills training, marital satisfaction, marital commitment

[Islamic Azad University, Rasht Branch - Thesis Database](#)
[دانشگاه آزاد اسلامی، واحد رشت - سامانه بانک اطلاعات پایان نامه ها](#)