The relationship between cognitiveemotional regulation and defensive styles with resiliency and quality of life in mothers of Children with hearing impairment

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Living with a child with hearing impairment for parents is very challenging and creates a different level of stress for them the aim of this study was The relationship between cognitive-emotional regulation and defensive styles with resiliency and quality of life in mothers of hearing impaired children. The research method was descriptive correlational. The statistical population of the study consisted of all Mothers of hearing impaired children covered by the Welfare Organization of Rasht. In the fall of 2017, there were 100 people. Using simple random sampling method, 80 people were ed according to the entry and exit requirements and Garnowski et al. (2001), Gonfsky et al. And Davidson (2001), the defense styles of Andrews et al. (1993) and the quality of life of the WHO completed. The data were analyzed using Pearson correlation coefficient and multiple regression. The findings of the study showed that There is a positive and significant relationship between cognitive-emotional adjustment with resiliency and quality of life. Also, there is a significant negative correlation between the total score of defensive styles and psychotic disorder with resiliency and quality of life (p

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