

# **The Relationship Between The Meaning Of Life And Interpersonal Forgiveness With Psychological Adjustment And Marital Intimacy In Women With Marital Conflicts In Rasht City**

mehraneh ghorbani jorshari\*,

**Abstract** The purpose of this study was to determine the relationship between the meaning of life and interpersonal forgiveness with psychological adjustment and marital intimacy in women with marital conflicts in Rasht city. The present study is a correlation type. The statistical population of this study included all women referring to the intervention center in the welfare crisis and the family justice complex of 196 people. The sample consists of 127 women who The available method was ed and questionnaire for questionnaire of meaning in life (MLQ), Steiger et al. (2006), Barati and Snyay marital conflict questionnaire (1375), Marital intimacy scale by Thompson and Walker (1985), Pollard measure of Pollard and colleagues (1998) ) Responded to the research. The results were analyzed using spss18 and focal correlation. The results of the analysis showed that the meaning of life predicted the common variance of psychological compatibility and marital intimacy. Interpersonal forgiveness and its components predict the variance of psychological compatibility and marital intimacy. Regarding the results, it can be said that having a family with stable characteristics can reduce conflicts and has a significant effect on marital adjustment, orientation of life and marital empathy.

**Keywords :** Key words: meaning of life, interpersonal forgiveness, psychological adjustment, marital intimacy, marital conflicts.

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[دانشگاه آزاد اسلامی، واحد رشت - سامانه بانک اطلاعات پایان نامه ها](#)