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# **Relationship between Internet addiction and social adjustment with student anxiety**

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**The purpose of this study was to determine the relationship between internet addiction and social adjustment with student anxiety. The research method is descriptive correlation. The statistical population of this study is all female students of Rasht city who study in the second semester of 2016-2017. The sample consisted of 180 students who were ed by cluster sampling. The instrument for measuring this questionnaire was three questionnaires: Internet addiction, social adjustment, test anxiety. The data were analyzed using regression and Pearson correlation. The results of this study showed that there is a relationship between internet addiction and social compatibility with exam anxiety. With regard to the results of Internet addiction and social adjustment, they have been able to predict the test anxiety of students (P**

**Keywords : Keywords: Internet addiction - social compatibility - exam anxiety**

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