

Compare resilience, Cognitive Emotion Regulation and meta cognitive beliefs in primiparous women and Multiparous women

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The present study aimed to compare the resiliency, cognitive setting and meta-cognitive beliefs primi-parous women and multi-parous women in the city of Rasht. The research method is causal-comparative. The target population included all primiparous women and multi-parous women who referred to hospitals and maternity clinics in Rasht during the months of July to September in 2016. Among these, 120 patients (60 primi-parous and 60 multi-parous) were ed through random clustering and responded the Resilience questionnaire of Connor-Davidson(2003), cognitive emotion regulation questionnaire of Granfsky et al (2001) and a short form Meta-cognition Questionnaire of Wales et al (2004). Data obtained by analysis of variance and multivariate analysis was performed with SPSS software. The results showed there was a difference in the resilience, cognitive and meta-cognitive beliefs in primiparous women and multi-parous women (P

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