## Design of a recreational center - tourist with an ecotourism approach

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Given the growing population and the rise of urbanization, the need to spend leisure time and recreation is indispensable. Therefore, today, the tourism industry is not only a necessity but a requirement for the growth and development of the community, given the growing population and the reduction of oil resources. Ecotourism, on the other hand, is one of the most important sources of income in the tourism industry, which can be used as a way to preserve ecosystems. But since interaction with nature and its relationship with nature is always associated with the possibility of environmental damage and degradation of natural effects, in the absence of accurate planning and proper management, ecotourism can be a result contrary to its original purpose. And instead of protecting the ecosystem of the area, it would increase the risk of harm to it. Therefore, the use of design principles that while meeting the needs of tourists, considers human comfort not to overcome the environment but to adapt to the environmental conditions and to create a physical environment in such a way as to minimize damage to the surrounding environment. To achieve this, the theoretical framework of the topic was first developed with library studies, including reference books and articles. In the meantime, the ecosystem of the northern regions, with its suitable climate conditions and valuable cultural, historical and natural attractions, can be a suitable platform for tourism development, in which the city of Rasht and the Sagalaksar region have been ed as a design ground for designing a tourist recreational complex.

Keywords: Recreation, Tourism, Touristic Recreation Complex, Ecotourism

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