

# **The Relationship between Perceptions of Parents and Children of the Weight Status, Body Image and Physical Activity of School Boys Compared to the Actual Status in Fooman**

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**Objective:** This study aimed to investigate the relationship between perceptions of parents and children of the weight status, body image and physical activity of school boys compared to the actual status in Fooman. **Method:** It is a descriptive - comparative study. The study population consisted of all school boys who were studying in secondary schools in the 94-95 school year in Fooman that were ed 300 students by random cluster sampling as sample. The participants' height and weight were measured and BMI was calculated. Then, we was used graph (CDC) to determine weight status. As well as, the beck physical activity questionnaire and images were used to perceive body image. Data were analyzed through nonparametric Spearman correlation coefficient via SPSS software. **Finding:** The results indicated that there is a significant relationship between the perception of boys, mothers and fathers of children weight status rather than their actual weight status. (P

**Keywords :** **Keywords:** Weight Status, Body Image, Physical Activity, Boys

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