

Prediction of Dimensions of academic burnout based on positive and negative affection, self-esteem and emotion regulation in high school students

Roshanak Khojaste*,

Abstract Students are always subject to academic Burnout for a variety of reasons. Meanwhile, the role of emotions, self-esteem and ability to regulate excitement is important. The purpose of this study was to Prediction of Dimensions of academic burnout based on positive and negative affection, self-esteem and emotion regulation in high school students. The research population consisted of 1260 students of the second grade of high school in the second semester of the academic year of 2017-18 in in Rasht city, this A sample of 120 individuals was ed based on Morgan's table and a multi-stage cluster random sampling method and Completed Salmla-Aru and Nathanen Educational Burnout (2005), Watson, Clarke and Telegraph Positive and Negative Affect (1988), Rosenberg Self-Esteem (1989) and emotion regulation of Gross and John (2003). Data were analyzed using Pearson correlation coefficient and stepwise regression. The results showed that between total score of academic burnout With there is a positive relationship between Positive affection, self-esteem, total score of emotion regulation and cognitive restraint subscales and cognitive reassessment and With positive affection There is a positive and significant relationship (P

Keywords : Key Words: academic burnout, positive and negative affection, self-esteem, emotion regulation

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