

Comparison of the dimensions of early maladaptive schemas, emotional expression and self-efficacy of men with opiate and normal people

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Abstract Several variables are involved in the prognosis and treatment of people with substance use disorders, including early maladaptive schemas, emotional expression and self-efficacy. The aim of this study was to Comparison of the dimensions of early maladaptive schemas, emotional expression and self-efficacy of men with opiate and normal people. The research method was The method of this study was comparative. The statistical population of the study consisted of all male drug users referring to the Addiction Treatment Center of the Department of Welfare of Rasht, in April 2018, had 446 students and free university students as the control group. Of this, using available sampling method and according to entry and exit requirements, 200 people (100 males and 100 normal people), completed Yang's early maladaptive schemas (1998), King and Emmons Expression Expression (1990), and Sherer's General Self-efficacy (1982). The obtained data were analyzed using independent t-test and multivariate analysis of variance. The findings of this study showed that there is a significant difference between The total score of the first maladaptive schemas and the dimensions of cuts and rejections, self-regulation and disrupted performance, disrupted constraints, disability, excessive listening and inhibition; total score of emotional expression and positive subscales of excitement, expression and Negative excitement; there is also a significant difference in the overall self-efficacy of men with substance use and normal people. Accordingly, It can be concluded that men with narcotics have higher levels of early maladaptive schemas than normal people, and lower levels of emotional expression and self-efficacy.

Keywords : Key Words: Early maladaptive schemas, emotional expressiveness, self-

efficacy, addiction

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