

# **Elderly club with an approach to boost life expectancy**

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**Longevity is one of the achievements of the twenty-first century. Today, human societies face the challenge of increasing their aging population. By 2020, the number of elderly people is expected to reach a billion. In today's societies, the elderly after retirement, instead of enjoying life, relaxing and enjoying, and even beneficial use of their valuable experiences, become people who become depressed because of feeling ineffective and staying alone. Iran is no exception to this rule and is not prepared to face the phenomenon of aging and its health, social, and economic consequences. Today, Iran faces the lack of suitable space for its elderly people. Therefore, architecture can play an effective role. Architecture is a space issue that, in order to meet human needs, can create an appropriate environment in which the individual, in that particular environment and space, finds creativity and self-esteem. It seems that the idea of safe environment design for spending leisure time and having a good time with both adults and adults can be a good way to reduce old age problems. Understanding the physical and mental characteristics, understanding the different needs of the aged and trying to meet the needs of this community the community and respecting their preferences in designing and upgrading spaces for the elderly can be effective in improving the quality of life of the elderly and their life expectancy. In this research, we first studied the concept of aging and needs of this period and according to the criteria and standards, design strategies for this group of society have been presented.**

**Keywords : Life Expectancy; Elderly; leisure Time**

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