

# The Effect of Teaching Role-playing Method on the Self-esteem and Adjustment of Students

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**Abstract** As innately social creatures, human beings are constantly interacting with each other and as a result teaching social skills for constructive engagement with others since early childhood is an imperative. One of the effective solutions for teaching social skills to children is the role-playing method, which provides a fertile ground for preparing children for overcoming the tensions and also positively affects the improvement of their personal and social lives. The present study has been carried out with the aim of investigating the impact of the teaching of role-playing on self-esteem and the adjustment of the primary school female pupils. The present study is a real-life experimental research. In the present study, the population consists of all third-grade to fifth-grade female pupils of the Khalkhal County of the Ardabil Province studying in the academic year 2016-17. In the screening stage and on the basis of the achievement of the required score in the Coopersmith Self-Esteem Inventory (1967) and the Sinha and Singh adjustment inventory (1993), 30 pupils were ed among a total of 178 pupils using the random cluster sampling method and were randomly placed in the two experiment and control groups (15 people in each group). The result of the single-variable covariance analysis indicated that teaching role-playing has a significant effect on the self-esteem and adjustment of all students (p

**Keywords :** Keywords: role-playing, self-esteem, adjustment, female elementary school pupils

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