

# **The Relationship Between Personality Characteristics and stress Factors with Job Burnout at Private Hospitals Nurses in Rasht**

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**Background:** This study of the relationship between personality characteristics and causes of stress and burnout among nurses working in private hospitals in Rasht was done. **Materials and Methods:** This study was descriptive-correlation. To achieve this goal, 243 personnel of private hospitals in Rasht simple cluster sampling method chosen, the three tests, NEO Hiller, perceived stress, responded. **Data by correlation coefficient and multiple regression analysis were analyzed.** **Results:** In this study, the majority of nurses were 243 people, average burnout score 30,26 were nurses. And the results showed that by increasing the personal characteristics and stressors burnout rises. **Conclusions:** Regarding the relationship between personality characteristics and causes of stress and burnout taking measures to strengthen the personality traits and reduction of stress and burnout is essential. **Key words:** burnout, personality traits, stress factors, nurse

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