

Relationship between parental parenting styles and emotional atmosphere of the family with aggression and cognitive emotion regulation in students

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Abstract The parenting styles and emotional atmosphere of the family affects many of the child's behaviors, including aggression and the ability to regulate excitement. The purpose of this study was to determine the relationship between parents' parenting styles and the family's emotional atmosphere with aggression and cognitive emotion regulation in students. The research method was descriptive correlational. The statistical population of this study included all female secondary school students of Rasht city in the second half of the academic year of 2018, with 5214 students. The sample consisted of multistage randomized cluster sampling and according to the table. Morgan and the terms of entry and exit research, 350 people were ed as samples and the questionnaire of the emotional atmosphere of the Hill Burn and Bai family(1973), Ahwaz's aggression (Zahedi and Najjarian, 1997), and Gross and John's emotional adjustment (2003) were completed. The data were analyzed using Pearson correlation coefficient and multiple regression. The findings of this study showed that positive and authoritative childbearing styles of parenting with aggression have a negative and significant relationship with cognitive emotion regulation (P

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