Relationship between early maladaptive schemas and self-esteem with adolescent drug use tendency

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Abstract The purpose of this study was to investigate the relationship between the early maladaptive schemas and self-esteem with the prevalence of drug use in adolescents. In this study, early maladaptive schemas and self esteem as predictor variables and drug addiction tendency in adolescents The criterion variable was considered; the statistical population of this study was all high school adolescents in Rasht. Regarding the sample variables, 146 people were ed by cluster sampling. Self-esteem questionnaires, early maladaptive schemas, and Egypt's tendency toward narcotics were used. Pearson correlation and multiple regression were used. Results showed that correlation values between early maladaptive schemas and self-esteem with substance use tendency The drug is statistically significant (p> 0.05); there is a negative correlation between self-esteem and drug use tendency (r = -39 / -0), which is statistically significant (0.01 > P). Therefore, with 99% confidence, it can be concluded that with increasing self-esteem and tendency to drug use decreases. The results of regression show that four variables (self-esteem, cognitive impairment, anxiety, and others) can explain 28 percent of variance of drug use tendency (criterion variable). Key words: early maladaptive schemas, self-esteem, tendency to use drugs

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