

Comparison of General Health, Personality Traits and Academic Self-Efficacy in Public and Gifted Pre-University Girl Students

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The purpose of this study was to compare general health, personality traits and academic self-efficacy in public and gifted pre-university girl students. The sample consisted of 240 pre-university female students of pre-university schools (120 ordinary students and 120 students of Gifted) in Rasht, Guilan who were selected randomly according to Morgan table. The instruments used included the Goldberg and Miller's Health Questionnaire (1978), Neo's Five-Personality Personality Questionnaire (1990), and Self-Efficacy Questionnaire (2006) by Owen and Freeman (1988). The present research is applicable based on the objective, and in terms of method categorized in field and some kind of causal-comparative studies. Research findings showed that there is a significant and positive difference between the mean of general health and personality traits (extroversion, pleasure, conscientiousness, dexterity and free thinking) in Rasht schools (at a significant level of 0.03), but in the case of academic self-efficacy of truth. And there is no difference between academic self-efficacy in ordinary students and scholars (at a significant level of 0.03). Regarding these findings, it seems that ordinary school students have less personal characteristics and lower general health than gifted students. So, it is recommended that ordinary students are taken into consideration by psychologists, counselors and other staff as well as their families.

Keywords : General health, personality traits, academic self-efficacy, ordinary and gifted students.

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