

# **Comparing the difficulty of excitement; the coping strategies; the spirituality and dare of single-parent and normal students**

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**Abstract** The purpose of this study was to compare the difficulty of excitement; coping strategies; spirituality and daresness of single-parent and normal students. This research is a causal-comparative and purposeful perspective. The statistical population of this study was all single-parent and normal students of Shaft city in the academic year of 1396-97 who were studying in high school secondary schools. The sampling method was stratified random sampling and the sample size was 120 (for each variable and the category was 30); 60 single-parent students and 60 normal students, as the statistical sample. To collect data, DERS excitement adjustment difficulties, coping strategies Lazarus and Fulkman and Ellison Spiritual Health Questionnaire were used. Data analysis was performed using SPSS20 software and multivariate analysis of variance (MANOVA). In analyzing the research hypotheses, the findings showed that between the emotional difficulty of single-parent and normal students (in the components of non-acceptance of emotional responses, difficulty in performing purposeful behavior, difficulty in controlling impulse, lack of emotional awareness, limited access to emotional regulation strategies, and emotional immaturity strategies of single-parent and normal students (in direct coping components, distance, Self-control, social support seeking, acceptance of responsibility, avoiding escape, the problem solving was programmed and positive revaluation and between the spirituality of single parent and normal students (in the components of religious health and existential health were significantly different. Considering the high student population as the main capital and future managers of the country, it is important to carry out research in this regard and to use research findings in order to promote the quality of educational programs for the growth and increase of single parent students. **Keywords:** Conflict of

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**Thrill, Coping Strategies, Spiritual Health, Assertiveness**

**Keywords : Conflict of Thrill, Coping Strategies, Spiritual Health, Assertiveness**

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