

Relationship between problem solving styles and emotional intelligence with marital satisfaction of employees of education departments of Guilan province

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Abstract Marriage is one of the most prominent decisions in every person's life. Satisfaction with marital life is one of the most important determinants of quality of life and mental health, partly due to factors such as problem solving and emotional intelligence. The purpose of the present study was to determine the relationship between problem solving styles and emotional intelligence with marital satisfaction among employees of educational institutions of Guilan province. The research method was descriptive correlational. The statistical population of this study included all employees of education departments of Guilan province in the last quarter of 2018 in 389 people. Among them, 180 samples were selected using the available sampling method and according to the entry and exit requirements of the research, marital satisfaction questionnaire (Inrich's, 1989), Problem solving strategies (Cassidy and Long, 1996), and Emotional Intelligence (Shorey, 1998). The data were analyzed using Pearson correlation coefficient and multiple regression. The findings of the research showed that there was a positive relationship between total score of problem solving styles and creativity and trust styles; also, between the total score of emotional intelligence and the subscales of emotion regulation, assessment and expression of excitement, and exploitation of excitement with marital satisfaction. There is a negative and significant relationship between helpless and avoidant styles with marital satisfaction among the staff of educational institutions of Guilan province (P

Keywords : Key Words: Problem Solving, Emotional Intelligence, Marital Satisfaction, Education.

