

The role of interpersonal forgiveness and self-compassion on prediction of death anxiety and life expectancy of elderly in Rasht

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The aim of this study was to determine the relationship between interpersonal forgiveness and self-compassion with death anxiety and life expectancy in elderly people in Rasht. The research method is descriptive correlations. The statistical population of this research is all elderly people in Rasht, which is in 1397. By sampling method and based on the variables of research, 180 individuals were ed as the sample. In this study, interpersonal forgiveness questionnaire and self-compassion questionnaire were used to collect data. Death anxiety and life expectancy were used. To test the research hypotheses, parametric statistical tests of Pearson correlation and focal coefficient were used. Meanwhile, all the statistical tests were analyzed using SPSS software. The results of this study showed that the correlation between interpersonal forgiveness and self-compassion with death anxiety and life expectancy of elderly in Rasht was statistically significant (p

Keywords : Keyword: interpersonal forgiveness, self-compassion, death anxiety, life expectancy, elderly.

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