

The Relationship Between The Emotional Atmosphere Of The Family And The Cognitive Adjustment Of Emotion With Happiness And The Quality Of Life Of The Students

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Abstract he purpose of this study was to investigate the relationship between the emotional atmosphere of the family and the cognitive adjustment of emotion with happiness and the quality of life of the students. The statistical population consisted of all students of Azad University of Rasht in 1396. After the surveys, it was determined that the total number of these individuals is 12900 people. Therefore, using 400 sampling methods, the sample was ed as the sample. The Alfred Behil-Burn Family Emotional Inventory (1964), Garnowski's Critical Critical Settlement Inventory, Craig and Spinhaun (2001), the WHO Quality of Life Questionnaire and Oxford Happiness Questionnaire. For data analysis, Pearson correlation coefficient and multiple regression were used. The results of regression coefficient show that the dimension of the family's emotional atmosphere A set of variable changes predict the quality of life. The results of the correlation coefficient showed that there is a relation between the family's emotional atmosphere and the quality of life and happiness (P

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