

The effect of interpersonal skills training through video modeling on impulsivity

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behaviors and social behaviors of children with autism spectrum disorders

Background and Objective: Autism has problems with social function and communication and the presence of repetitive and formatted behaviors. It is specified. It has been found that video imaging is an effective method for teaching autism children with different skills. The present study investigates the effect of interpersonal skills training through video imaging on impulsive behaviors and social behaviors of children with autism spectrum disorders **Methods:** The present study was a quasi-experimental study with pretest-posttest design with control group. The sample of this study was using available sampling method consisting of 16 boys aged 8 to 11 years old and mild to moderate autism The test group was randomly assigned a test and control group. The test group trained twelve sessions of interpersonal skills through video imaging for one month. Post-date data were analyzed after the completion of the meetings and using the covariance analysis method. The research tools were Glim's autism diagnostic tool, Barot impulsive impulse and social skills profile of children with autism disorders **Results:** The results showed that the training of interpersonal skills through video modeling reduced impulsivity behaviors and increased social behaviors **onclusion:** Based on these findings, it can be concluded that the training of interpersonal skills through video modeling is an effective way to reduce impulsivity behaviors and increase social behaviors

Keywords : Autism, Interpersonal Skills, Video Modeling, Impulsivity, Social Behaviors

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